



St Kieran's Parish - Osborne Park

Nineteenth Sunday in Ordinary Time (B)

11th August 2024

LITURGY OF THE WORD

FIRST READING:

1 Kings 19:4-8

Elijah went into the wilderness, a day's journey, and sitting under a furze bush wished he were dead. 'O Lord,' he said 'I have had enough. Take my life; I am no better than my ancestors.' Then he lay down and went to sleep. But an angel touched him and said, 'Get up and eat.' He looked round, and there at his head was a scone baked on hot stones, and a jar of water. He ate and drank and then lay down again. But the angel of the Lord came back a second time and touched him and said, 'Get up and eat, or the journey will be too long for you.' So he got up and ate and drank, and strengthened by that food he walked for forty days and forty nights until he reached Horeb, the mountain of God.

The Word of the Lord All: Thanks be to God

RESPONSORIAL PSALM

Psalm 33:2-9

Response: Taste and see the goodness of the Lord.

I will bless the lord at all times, his praise always on my lips; in the Lord my soul shall make its boast. The humble shall hear and be glad.

R.

Glorify the Lord with me.

Together let us praise his name.

I sought the Lord and he answered me; from all my terrors he set me free.

R.

Look towards him and be radiant; let your faces not be abashed.

This poor man called; the Lord heard him and rescued him from all his distress.

R.

The angel of the Lord is encamped around those who revere him, to rescue them.

Taste and see that the Lord is good.

He is happy who seeks refuge in him.

R.

SECOND READING:

Ephesians 4:30 - 5:2

Do not grieve the Holy Spirit of God who has marked you with his seal for you to be set free when the day comes. Never have grudges against others, or lose your temper, or raise your voice to anybody, or call each other names, or allow any sort of spitefulness. Be friends with one another, and kind, forgiving each other as readily as God forgave you in Christ. Try, then, to imitate God as children of his that he loves and follow Christ loving as he loved you, giving himself up in our place as a fragrant offering and a sacrifice to God.

The Word of the Lord All: Thanks be to God

GOSPEL ACCLAMATION

John 6:51

Alléluia, Alléluia!

I am the living bread from heaven, says the Lord; whoever eats this bread will live for ever.

Alléluia!

GOSPEL:

John 6:41-51

The Jews were complaining to each other about Jesus, because he had said, 'I am the bread that came down from heaven.' 'Surely this is Jesus son of Joseph' they said. 'We know his father and mother. How can he now say, "I have come down from heaven"?' Jesus said in reply, 'Stop complaining to each other. 'No one can come to me unless he is drawn by the Father who sent me, and I will raise him up at the last day. It is written in the prophets:

They will all be taught by God, and to hear the teaching of the Father, and learn from it, is to come to me.

Not that anybody has seen the Father, except the one who comes from God: he has seen the Father.

I tell you most solemnly, everybody who believes has eternal life. 'I am the bread of life. Your fathers ate the manna in the desert and they are dead; but this is the bread that comes down from heaven, so that a man may eat it and not die. I am the living bread which has come down from heaven.

Anyone who eats this bread will live for ever; and the bread that I shall give is my flesh, for the life of the world.'

The Gospel of the Lord

All: Praise to you, Lord Jesus Christ.

PARISH SCHEDULE	
SATURDAY	
8:00am	Mass
6:30pm	Mass
7:30pm	Mass (longer liturgy)
SUNDAY	
9:00am	Mass
10:15am	Mass (Italian)
11.15am	Mass (Brazilian-every 2 nd Sunday)
TUESDAY	
7:30am	Rosary
8:00am	Mass
WEDNESDAY	
8:00am	Mass
THURSDAY	
7:30am	Adoration
8:00am	Mass
BAPTISM	
1 ST & 3 RD Sunday	11:15am/During any mass Or by appointment
CONFESSION	
Saturday 8:20am & 6:00pm/ by appointment	
WEDDINGS & FUNERALS	
By appointment	
PARISH CONTACTS	
Parish Priest	Fr. Wilson Donizzetti
Deacon	Gionata Pagani
Parish Co-ordinator	Judith Tresham
Parish Secretary	Lin Bowers-Ingram Margaret Leonard Pat Richards
Safeguarding Officer	Rose Arto
Parish Hall bookings	Judith: 0437908793
PARISH OFFICE HOURS	
Monday & Wednesday	Closed
Tuesday	8.30am - 12.30pm
Thursday	12.30pm – 4:00pm
Friday	10.00am – 2:30pm
T: 0435 590 495	
E: osborne.park@perthcatholic.org.au	
www.stkieransosbornepark.org.au	

Mass intentions		
Sat	6:30pm	
	7:30pm	
Sun	9:00am	Ilma Velasquez (5 Yr Anniv) Barbara Khaw (2 Yr Anniv) Strength & Recovery for Brandon De Souza & Kevin Mobbs
	10:15am	
	11:15am	Hildenora Silva de Souza (1 Yr Anniv)
Readers		
Sat	6:30pm	Rob & Barbara Locke and Tessa
	7:30pm	Neocatechumenal Way
Sun	9:00am	Anne & Greg Diamond
	10:15am	Italian Mass
	11:15am	Brazilian Mass (2 nd Sunday of the month)
Servers/Acolyte		
Sat	6:30pm	Elysaa, Alexandra, Izzy, Emma, Carlos & Michaela <i>Brad</i>
	7:30pm	
Sun	9:00am	Thineth, Ahinsa, Luke, Clara, Grace & Abigail <i>Eugene & Pedro</i>
	10:15am	<i>Giovanni</i>
Hospital		By appointment
Children's Liturgy		
Sun		Barbara, Carlo & Clare

YOUR CONTRIBUTION TO OUR PARISH

Our Plan-giving is an essential part of the parish financial needs. Talk to either Phil, Eugene or Judith Tresham to know more about it and be part of our plan-giving. You can either contribute weekly or monthly through our parish online accounts. Your generosity is very much appreciated.

Thank you!

GREEK / HEBREW WORD

Bread

Greek “ἄρτον” (arton)

Hebrew “לֶחֶם” (lehem)

Along with physical hunger man has within him another hunger, a more basic hunger, which cannot be satisfied by ordinary food. It is *a hunger for life, a hunger for eternity*. The sign of the manna was the proclamation of the coming of Christ who was to satisfy man's hunger for eternity by himself becoming the "living bread" which "gives life to the world". And see: those who heard Jesus ask him to fulfil what had been proclaimed by the sign of the manna, perhaps without being conscious of how far their request would go: "*Lord, give us this bread always*" (Jn 6:34). How eloquent is this request! How generous and how amazing is its fulfilment. "*I am the bread of life; he who comes to me shall not hunger, and he who believes in me shall never thirst... For my flesh is food indeed, and my blood is drink indeed. He who eats my flesh and drinks my blood abides in me, and I in him*" (Jn 6:35,55-56). "*He who eats my flesh and drinks my blood has eternal life, and I will raise him up at the last day*" (Jn 6:54).

What a great dignity has been bestowed on us! The Son of God gives himself to us in the Most Holy Sacrament of his Body and Blood. How infinitely great is God's generosity! He responds to our deepest desires, which are not only desires for earthly bread, but extend to the horizons of life eternal. This is the great mystery of faith!

PARISH EVENTS

If you are unable to attend mass due to ill health and would like to receive communion at home, please contact **Eugene Treshman on 0420 908 793** to arrange.

Parish Fundraising Cake Stall this weekend.

Please support our fundraising Cake Sale by donating or purchasing items from our Cake stall. Total proceed go to the renovation of the Parish Centre Kitchen.

LITURGIA DELLA PAROLA

PRIMA LETTURA

1Re 19,4-8

In quei giorni, Elia s'inoltrò nel deserto una giornata di cammino e andò a sedersi sotto una ginestra. Desideroso di morire, disse: «Ora basta, Signore! Prendi la mia vita, perché io non sono migliore dei miei padri». Si coricò e si addormentò sotto la ginestra. Ma ecco che un angelo lo toccò e gli disse: «Alzati, mangia!». Egli guardò e vide vicino alla sua testa una focaccia, cotta su pietre roventi, e un orcio d'acqua. Mangiò e bevve, quindi di nuovo si coricò. Tornò per la seconda volta l'angelo del Signore, lo toccò e gli disse: «Alzati, mangia, perché è troppo lungo per te il cammino». Si alzò, mangiò e bevve. Con la forza di quel cibo camminò per quaranta giorni e quaranta notti fino al monte di Dio, l'Oreb.

Parola di Dio

A: Rendiamo grazie a Dio

SALMO RESPONSORIALE

Sal 33

Gustate e vedete com'è buono il Signore.

Benedirò il Signore in ogni tempo, sulla mia bocca sempre la sua lode. Io mi glorio nel Signore: i poveri ascoltino e si rallegriano.

R.
Magnificate con me il Signore, esaltiamo insieme il suo nome. Ho cercato il Signore: mi ha risposto e da ogni mia paura mi ha liberato.

R.
Guardate a lui e sarete raggianti, i vostri volti non dovranno arrossire. Questo povero grida e il Signore lo ascolta, lo salva da tutte le sue angosce.

R.
L'angelo del Signore si accampa attorno a quelli che lo temono, e li libera. Gustate e vedete com'è buono il Signore; beato l'uomo che in lui si refugia.

R.

SECONDA LETTURA

Ef 4,30-5,2

Fratelli, non vogliate rattristare lo Spirito Santo di Dio, con il quale foste segnati per il giorno della redenzione.

Scompaiano da voi ogni asprezza, sdegno, ira, grida e maldicenze con ogni sorta di malignità. Siate invece benevoli gli uni verso gli altri, misericordiosi, perdonandovi a vicenda come Dio ha perdonato a voi in Cristo.

Fatevi dunque imitatori di Dio, quali figli carissimi, e camminate nella carità, nel modo in cui anche Cristo ci ha amato e ha dato se stesso per noi, offrendosi a Dio in sacrificio di soave odore.

Parola di Dio

A: Rendiamo grazie a Dio

CANTO AL VANGELO

Alleluia, Alleluia!

Io sono il pane vivo, disceso dal cielo, dice il Signore, se uno mangia di questo pane vivrà in eterno.

Alleluia, Alleluia!

VANGELO

Gv 6,41-51

In quel tempo, i Giudei si misero a mormorare contro Gesù perché aveva detto: «Io sono il pane disceso dal cielo». E dicevano: «Costui non è forse Gesù, il figlio di Giuseppe? Di lui non conosciamo il padre e la madre? Come dunque può dire: "Sono disceso dal cielo"?».

Gesù rispose loro: «Non mormorate tra voi. Nessuno può venire a me, se non lo attira il Padre che mi ha mandato; e io lo risusciterò nell'ultimo giorno. Sta scritto nei profeti: "E tutti saranno istruiti da Dio". Chiunque ha ascoltato il Padre e ha imparato da lui, viene a me. Non perché qualcuno abbia visto il Padre; solo colui che viene da Dio ha visto il Padre. In verità, in verità io vi dico: chi crede ha la vita eterna.

Io sono il pane della vita. I vostri padri hanno mangiato la manna nel deserto e sono morti; questo è il pane che discende dal cielo, perché chi ne mangia non muoia.

Io sono il pane vivo, disceso dal cielo. Se uno mangia di questo pane vivrà in eterno e il pane che io darò è la mia carne per la vita del mondo».

Parola del Signore

A: Lode a Te, O Cristo.